

## **If you develop these symptoms:**

Fever, cough, shortness of breath, breathing difficulties.

- You need isolate in your room or flat as quickly as possible. If symptoms not too severe, phone NHS111 for advice.
- Alert a member of staff immediately: Please phone housekeepers on **605446** (9am – 6pm) or Helen **01423 712850, 07780 550124** at any time
- Do not go to a GP surgery, pharmacy or hospital without instruction from NHS 111
- If you need to isolate at Abbeyfield, we will ensure food is delivered to the door of your room on a tray. We will give further details if this situation arises

If you have coronavirus symptoms and press the pendant, you will be asked to phone NHS111 directly for help. This is because the NHS staff will need to speak to you directly to assess your needs. If you feel very unwell with suspected coronavirus and think you need an ambulance, press the pendant and you will be found help.

Please use your pendant as normal for all circumstances other than coronavirus.

We will continue to do all we can to support you at this difficult time. Housekeepers are keeping their distance when serving your meals for both your and their safety. Please let them know if there is anything you need.